

Engage with Long-Term Care Residents

Long-term care communities are residences for seniors and adults with disabilities in need of care. These communities are like neighborhoods ranging from dozens to hundreds of residents – those seniors and adults with disabilities – who remain a part of the larger community and rely on many services to meet their needs, including medical care, meals and dietary plans, various therapies, and activities among other services. These services require aides, nurses, therapists, chefs, skilled trades, managers, entertainers, and more.

By getting involved and engaging with residents in a long-term care community, you can learn about the many purposeful careers that exist while making a difference in the lives of vulnerable residents each and every day. Here are a few ways you can engage with a community:

Internships, Seasonal Jobs, and Career Shadowing

If you are exploring a career in health care, in search of a seasonal or part-time job, want to explore career options, or need credits to advance your education, consider partnering with a long-term care community. Providers – the caregivers of the residents – are always in need of additional help, and are happy to support you in your career endeavors.

Organized Visits and Musical Performances

Residents at long-term care communities enjoy having visitors of all ages. They also enjoy singing, dancing, and clapping along to the talents of musical and theater groups. From trick-or-treaters to holiday carolers, if your school, church, child care center, Boy or Girl Scouts Troop, neighborhood band, etc. is interested in interacting, visiting, or performing for residents, consider reserving some time with a long-term care community.

Volunteering

If you are in need of completing a community service project or enjoy spending time socializing and participating in activities with older and disabled residents, consider volunteering at a long-term care community where you can make new friends and provide good company.

To engage with a long-term care community, contact a care provider near you and inquire about your interests in working or spending time with residents. Find long-term care communities close to you by visiting [CareForTheAgingPA.org](https://www.CareForTheAgingPA.org).